

PATIENT SYMPTOM HISTORY

Circle what describes your pain.

Neck Pain is: constant –or– comes & goes; **worse** on the right, left, upper, lower, middle.

What makes the pain **better**? Rest, sleeping, sitting, pain medication, certain movements, certain activities

What makes the pain **worse**? Bending, lifting, twisting, sitting, work, certain movements, certain activities

The pain is: sharp, dull, tired, tight, tender, pressure-like, muscle-type, achy, other _____

The pain: radiates, is in one place, difficult to locate, other _____

It is worse: at night, during the day, getting up, after work, all the time, other _____

Middle Back Pain is: constant –or– comes & goes; **worse** on the right, left, upper, lower, middle.

What makes the pain **better**? Rest, sleeping, sitting, pain medication, certain movements, certain activities

What makes the pain **worse**? Bending, lifting, twisting, sitting, work, certain movements, certain activities

The pain is: sharp, dull, tired, tight, tender, pressure-like, muscle-type, achy, other _____

The pain: radiates, is in one place, difficult to locate, other _____

It is worse: at night, during the day, getting up, after work, all the time, other _____

Lower Back Pain is: constant –or– comes & goes; **worse** on the right, left, upper, lower, middle.

What makes the pain **better**? Rest, sleeping, sitting, pain medication, certain movements, certain activities

What makes the pain **worse**? Bending, lifting, twisting, sitting, work, certain movements, certain activities

The pain is: sharp, dull, tired, tight, tender, pressure-like, muscle-type, achy, other _____

The pain: radiates, is in one place, difficult to locate, other _____

It is worse: at night, during the day, getting up, after work, all the time, other _____

Headache is: constant –or– comes & goes; **worse** on the right, left, front, rear, all over.

What makes the pain **better**? Rest, sleeping, sitting, pain medication, certain movements, certain activities

What makes the pain **worse**? Bending, lifting, twisting, sitting, work, certain movements, certain activities

The pain is: sharp, dull, tired, tight, tender, pressure-like, muscle-type, achy, other _____

The pain lasts: _____ minutes, _____ hours, or is constant until I _____

It is worse: at night, during the day, getting up, after work, all the time _____

Patient Name _____ Date ____/____/____ Date of Injury ____/____/____

Revised: 8/14/2006

PATIENT SYMPTOM HISTORY

[CIRCLE ALL THAT APPLY]

Shoulder, Arm or Hand Pain is: constant –or– comes & goes; **worse** on the right, left, upper, lower.

What makes the pain **better**? Rest, sleeping, sitting, pain medication, certain movements, certain activities

What makes the pain **worse**? Bending, lifting, twisting, sitting, work, certain movements, certain activities

The pain is: sharp, dull, tired, tight, tender, pressure-like, muscle-type, achy, other _____

The pain: radiates, is in one place, difficult to locate, other _____

It is worse: at night, during the day, getting up, after work, all the time, other _____

Leg, Knee or Ankle Pain is: constant –or– comes & goes; **worse** on the right, left, upper, lower.

What makes the pain **better**? Rest, sleeping, sitting, pain medication, certain movements, certain activities

What makes the pain **worse**? Bending, lifting, twisting, sitting, work, certain movements, certain activities

The pain is: sharp, dull, tired, tight, tender, pressure-like, muscle-type, achy, other _____

The pain: radiates, is in one place, difficult to locate, other _____

It is worse: at night, during the day, getting up, after work, all the time, other _____

Patient Name _____ Date ___/___/___ Date of Injury ___/___/___

Revised 8/14/2006

